

Week 2 - Experiment Guide Question/Answer Form

Week 2 – Taste Chapter Q/A

(pp 347, 30, 40, 52, 53, 54)

1st Experiment Questions: (p 347)

- 1) **Reflection: What were your thoughts and feelings during these 5 minutes? Was it pleasant? Was it tough? What did you appreciate?**

I enjoyed the 5 minutes. I noticed that holding the raisin in my mouth before chewing made me aware of how strange the texture of raisins is (wrinkled and very squishy). I also noticed how dull/absent the flavor became after letting the raisins sit in my mouth. Then once I did chew them I noticed how much more intense the flavor seemed than if I would have chewed immediately.

- 2) **What senses and tastes were being triggered for you while eating these raisins?**

I was very aware of the texture of the raisins and the very sweet flavor.

- 3) **Summarize the life you saw for the raisin before you watched the California Raisins ad.**

I imagined a happy sunny vineyard with happy farmers and beautiful scenery.

- 4) **Describe the life you see for the raisins that are now part of you in relation to “American” labor, branding, and advertising/entertainment.**

Now I imagine exploited workers harvesting and growing the grapes and lots of pesticides being used.

2nd Experiment Questions: (p 30)

- 5) **How many tastebuds did you count within the binder ring?**

I counted 25-3

- 6) **Circle the result that applies to your count and reflect on how this count does or does not correspond with your experience of your taste sensitivity.**

0-15 = Tolerant Taster

16-39 = Taster

40 or more = HyperTaster

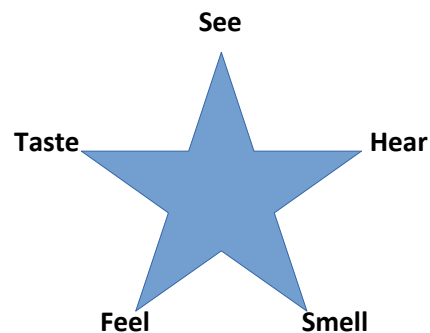
**Remember that we are not certain if the binder saver holes that we are using were the same size as the ones Stuckey used.

- 7) **What are your thoughts on the role that tastebuds play in your tasting experience?** *(You may have a more informed answer for this if you wait to answer until the end of this lab, having played around with our sense of taste a bit!)*

I think tastebuds played a critical role in my tasting experiment.

3rd Experiment Questions:

- 8) **What are the five basic tastes? Draw them onto your own version of Stuckey's tasting star (image on first page of each chapter).**



- 9) **What senses were triggered before and after plugging your nose?**

Before I was aware of all of my senses, after taste and smell got duller.

- 10) **Could you tell what flavor jellybean you had chosen before you unplugged your nose? What flavors did you get? (Here's the link for identifying the flavors of the JellyBelly beans you were provided: <https://www.costco.com/kirkland-signature-jelly-belly%2C-variety-pack%2C-64-oz.product.100333880.html>)**

I could not tell that the flavor of my jelly bean was bubble gum before I unplugged my nose, right after unplugging the bubble gum flavor became clear.

- 11) **What went through your head at the moment of unplugging your nose?**

I was very surprised. The flavor of jelly beans is very strong and I did not taste anything (besides sugar) while my nose was plugged, then all the flavor came rushing in at once after unplugging.

4th Experiment Questions:

12) What did you find out about the map of your own tongue, in relation to the controversial histories of the supposed map of the tongue's taste areas?

It made me realize that the old map is not very accurate.

13) Did you experience different intensities in different areas?

I did not experience very noticeable differences in intensity.

Overall Reflection:

14) What have you learned from these 4 experiments? How might your learning relate to any/all of the TM program questions regarding the taste of place?

I learned that there is more to taste than what I thought. I usually don't put that much thought into actively tasting what I am eating, I will start trying to be more aware of what I am tasting in the future. I also learned how powerful smell is over taste.